

The Hurried Family-Lesson #2

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Looking at the things that lure us (draw us in) to the Hurried Lifestyle

- a. The Hurried lifestyle often robs families of “intimacy” in the family-closeness
- b. Intimacy battles areas in the home such as discouragement, rejection, insecurity, etc...
- c. Rushed schedules challenge and make it difficult to experience closeness.

The Emotional System and Physical System

Volition-The ability to deal with rejection and process discouragement

Just like when the physical system is not taken care of it BREAKS DOWN, so too for the emotional system.

Ultimately, hurried, busy lives rob us of our emotional joy.

Joy verses happiness

Happiness is a feeling of emotion.

Joy does not have to have emotion involved.

“Joy is a decision of the heart...a contentment on who we are and Whose we are.”

Things that “lure” us in the hurried lifestyle

#1-Our culture values it. (The hurried lifestyle)

The world thinks you look more attractive and important if you are “hurried”

They think you must have it all together because you are so busy. (Always on phone, texting, moving fast pace)

#2-Business rewards it.

Their attitude is “we’ll pay you more money if you’re willing to be more hurried than the next guy.” (Burn the candle on both ends)

Often people feel pressured to live this type of lifestyle in order to succeed

#3-The Media Exploits it

The media is the cultural architect of the hurried lifestyle.

#4-Our churches encourage it

There are so many needy people who “expect” and “want” to be served that the church often times begs for people to serve.

Too few people...to much work in the church. The faithful are often over-used.

#5-Our egos demand it.

Too many Christians take short cuts with God to get Spiritual recognition. ACTIVITY REPLACES ATTITUDE

God’s Counsel...

Matthew 5:6- *“Blessed are those who hunger and thirst for righteousness for they will be filled. (Satisfied)*

When one is satisfied, they don't get lured into something they don't need.

Conditions for being satisfied.

We must hunger and thirst for righteousness.

If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world. C.S. Lewis

Hunger and thirst for “righteousness

Hunger- the Greek word peinaó is in a “continual” tense, “hungering”-

The idea is one who is continually hungry-to be needy. It's a picture of a person who gets really hungry day after day.

I believe Jesus is saying that having a right relationship with God is not just a “salvation” experience but “sanctifying” experience on a daily basis.

Thirst-literal Greek means-” Thirsting for’-dipsōntes, or desire earnestly.

The idea is one who is so thirsty that all they want to do is be refreshed.

Jesus is saying, when you want to be refreshed or renewed every day then you're going to be filled. (Satisfied).

Righteousness- Greek word-dikaiosuné

It's a legal term referring to justice, specifically to a “verdict of approval. “ The idea behind the word is a “verdict of approval by God.

Question: How do you get God's approval?

You must have a right relationship with God through Christ.

Thus: “Blessed” or happy is the person who really hungers and thirst to be right with God. If they are-they will be satisfied.

Satisfied= Greek word-chortazó

It's a term that emphasizes feeding to the point of getting fat, the term is “fatten”. So full you can't eat any more.

The word also supports the concept of “filling”, the picture of a glass of water so full that it is overflowing. This image soon became a reference of the filling of the Holy Spirit. A picture of a person overflowing with God.

Greek paraphrase of Matthew 5:6- “Blessed are those who hunger and thirst for righteousness for they will be satisfied.”

“Happy is the person who is continually needy and wanting a right relationship with God which produces God's approval, and who continually desires to be refreshed day by day by God's presence. If they do, then they will be completely content and satisfied not needing or wanting anything to fill a void in their life because they will be filled by the Spirit.”