

# The Hurried Family

## Introduction: How To get peace, calm, and rest in the middle of chaos

7 Characteristics of a hurried family

### #1-Hurried families can't relax (Not don't relax but CAN'T)

Example: Can you go in your backyard and lay around for a while without anything to help you relax such as computer, iphone, music, text messages, etc... to help keep your time "busy".

Many people can't because they feel guilty if they are not doing "something"

### #2- Hurried families can't enjoy quiet

21<sup>st</sup> Century families are so used to visual and audible stimulus that total silence is intimidating to them.

Example: Think about how many times conversation tries to take place with "noise" in the background that no one is listening to, ie...cell phone/music in car.

Screwtape Letters! "Let his life be filled with noise and entertainment because within the "noise" he will not hear the voice of God.

### God's counsel?

***"Be still and know that I am God, I will be exalted among the nations, I will be exalted in the earth."***  
***Psalm 46:10.***

"Be still"-Quiet with no distractions

"Know that I am God"-Understand who it is that you are thinking about. (What are some of His characteristics)

If you practice those two things you'll slow down

### 3-Hurried Families seldom feel satisfied.

Busy families always feel pressure to never be "out of date" or "obsolete" with what's being offered by the world.

Example: Shopping malls laid out like golf courses for women. The difference?

Woman shops all day for "that blouse on sale" . The man disappears for an hour and buys a "boat"

***"All man's effort are for his mouth, yet his appetite is never satisfied." Ecc. 6:7***

#### **#4-Hurried Families sometimes lack moral absolutes.**

“Starbucks” attitude on morality often challenges the busy family. (Pick and choose what you want)

*Often times, due to their busy lifestyle they don't have “non-negotiables”, instead they are swayed by their “activity”. Their “activity” becomes their doctrine.*

***“I will remember your ancient laws oh Lord, and I will find comfort in them.” Psalm 119:2***

***“Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming”.***

**Eph. 4:14**

#### **#5-Hurried Families often times serve for the wrong reason**

Why?

Because they can feel guilty for being so blessed with so much.

Sometimes they need praise or applause to build their esteem so they serve

Most important point:

They want to justify their busy lifestyle by doing something good because they know deep down inside they have let many opportunities of doing good go by the wayside because they have been so busy.

#### **#6-Hurried Families are sometimes intimidated by fear and worry.**

What role does fear play in our culture?

Too many believers are afraid of all the influence of the world such as the internet, Hollywood, music, government, war, etc...

They stay too busy so they don't have to think about these things and...

Because they are so busy they don't have time to spend time with God to grow and mature so fear and worry won't be a part of their life so much.

#### **God's counsel?**

*“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.” Psalm 23:4*

*The LORD is my light and my salvation-- whom shall I fear? The LORD is the stronghold of my life-- of whom shall I be afraid? Psalm 27:1*

*For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline. I Tim. 1:7*

## **#7-Hurried Families find themselves living for the rewards of success.**

Nothing wrong with success-The problem becomes when that's the motivation of your life.

Hurried families have bought into the "success life" and that's why they are so busy. They are never satisfied so they need to have more success.

### **God's counsel?**

***"Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls". Matt. 11:28-29***

*Yoke-What's a yoke?*

*What can we learn from taking Christ's yoke rather than ours?*

*Think about this? Do you believe that Christ's life was busy?*

*Do you think in the midst of His busy life He was still at rest in His life?*

*That's the yoke we have to learn to take upon us. It's customized just for us.*