

Drivers Ed For Parenting 1.2

Part 1.2

The Sanguine

Driving Habits?

They love to drive fast and then for no apparent reason they slow down. They change lanes a lot and change the radio frequently because they get bored quickly. You have to constantly remind them to keep their hands on the wheel because they love to talk and most of the time they don't look at the road but the person they are talking to. When, not if, they are stopped by a policeman for traffic violation you can rest assured they'll try to talk themselves out of the ticket

Strengths	Weaknesses
Warm Emotionally	Lacking in discipline
Friendly	Weak-willed
Fun-loving	Egotistical
Outgoing-extroverts	Emotionally excitable
Enthusiastic	Unstable
Talkative	Prone to exaggerate
Compassionate	Hot-tempered
Responsive	Disorganized
Stimulating	Manipulative
Ambitious	Restless

The Biblical Character that had a good deal of Sanguine in them?

Career Path for Sanguines and where as a parent you might want to guide them? Great Sales People

- Actors, Entertainers, Preachers, Public Speakers, Service Industries where people skills are necessary

The Choleric

Driving Habits?

Because they are so ambitious and driven you'll find a Choleric darting in and out of traffic to get to the next appointment or meet the next task. He's been known to ride the tail of a car in order to get them to move over. They have never met a yellow light that didn't like since it always tells them to go REAL FAST through the intersection. When they talk in the car it's because they want to control the conversation and make a point. When they listen to music it's their way or the highway. Most importantly, they hardly ever get a ticket, not because they don't deserve one, but because they are very crafty in how they drive. When they do get a ticket they will quickly provide the necessary information and not engage in idle chit chat with the police officer because they are wasting valuable time.

Strengths	Weaknesses
Strong-willed	Unemotional and cold
Determined	Self-Sufficient
Goal oriented	Impetuous
Independent	Domineering
Decisive	Unforgiving
Active and Energetic	Hostile and volatile
Practical	Sarcastic and cruel
Strong natural leader	Impatient
Optimistic and confident	Unsympathetic
Productive	Opinionated

The Biblical Character that had a good deal of Choleric in them?

Career Path for Cholerics and where as a parent you might want to guide them?

- Positions of leadership, Administrators, Construction workers, Entrepreneurs, strong business background, Military leaders

The Melancholy

Driving Habits?

Melancholy people have planned out their trip long before they leave the house. They have alternate routes ready to go in case construction projects get in the way. Legalism by nature they seldom speed and may even drive below the speed limit just to be safe. They only allow certain type of music to be played and you NEVER change the dial until the song is over. You think this type of person could drive the Sanguine crazy?

Strengths	Weaknesses
Gifted	Moody
Analytical	Deeply emotional
Perfectionist	Easily offended
Self-disciplined	Pessimistic
Industrious	Negative
Self-sacrificing	Critical and picky
Aesthetic	Theoretical and impractical
Creative	suspicious and revengeful
Sensitive	Self-centered
Loyal and faithful	Indecisive

The Biblical Characters that had a good deal of Melancholy in them?

Career Path for Melancholy and where as a parent you might want to guide them?

- Anything in the arts, Musicians, Actors, Scientists, Inventors, Theologians, Surgeons, Architects, Humanitarian, Education-professors, Plumbers, Carpenters, Engineers

The Phlegmatic

Driving Habits?

The Phlegmatic driving habits are the slowest of all because he's such an easy going guy. He rarely changes lanes and because of his indecisiveness he can be a danger when trying to merge on a very fast highway. He rarely will get a ticket and once in a blue moon will he get in an accident. He doesn't really care what music you listen to or if you listen to none at all.

Strengths	Weaknesses
Calm-cool	Passive and unmotivated
Easy going	Procrastinator
Diplomatic	Indecisive
Dependable	Fearful and feared with worry
Objective	Unsure
Efficient	Self-protective
Orderly	Stubborn
Practical	Selfish
Humorous	Self-Stingy
Agreeable	Slow and lazy

The Biblical Character that had a good deal of Phlegmatic in them?

Career Path for Phlegmatic and where as a parent you might want to guide them?

- Education-teacher, Engineering-Mechanical, Electrical, Civil, Jobs that have to pay attention to detail-Accountants, Doctors. Architects, Finance

Practical Application

- Multiple temperaments in one person most likely with one being the major temperament.
- Discuss how temperaments between parents and teen can collide?

How do you minimize conflict and maximize growth using the temperaments?

#1- **Admit** _____ **that you have weaknesses too.**

- Humility is a great gift. James 4:6 says, *“God opposes the proud but gives grace to the humble.”*
- . Remember, a person who is humble enough to recognize they are not perfect is best able to 1) become motivated to improve themselves, 2) accept the imperfections of others.

#2- **Accept** _____ **the fact that your teen-and everyone else-is not perfect**

Teens frequently say their parents expect perfection. Parents frequently say they just have high expectations for their teen

Give your teen the freedom to fail

Love unconditionally

#3- **Give** _____ **the problem to God**

- **Take the weakness to God**
- **Don't NAG but KNEEL**

#4-Work **for** _____ not against your teen's weakness-and never criticize what you perceive to be as temperamental weakness.

- Very important: It is absolutely imperative that parents learn how to approach their teen in light of their respective temperaments

Modifying the temperaments

II Corinthians 12:9 says, *“But He said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore, I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.”*

- Can you boast about a weakness that God has made a strength in your temperament?
- The only way to modify your engine so that it runs better is not to put STP in the gas tank but SFL (Spirit Filled Life)
- **1st- Be willing to change the way you**
- Romans 12:2 says, *“Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approved what God's will is-his good, pleasing, and perfect will.”*
- **2nd- Ask God to bring to your mind as often as He deems fit every act or thought that you have.** I John 1:9 says, *“If we confess our sins God is faithful and just to cleanse from all unrighteousness.”*
- **Deal with the sin with the emphases on the “I”**

- **3rd- Prayerfully ask God to remove this bad habit in your life and ask for the filling of the Holy Spirit.**
- I John 5:14, 15 says, *“This is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know He hears us then whatever we ask, we know He will answer us because we have asked of Him.”*
- **4th- Replace selfish actions with generous service to other.**
- Ephesians 5:21- *“Submitting to one another in reference to God”...*
- **5th- Practice giving generously both your finances and your time.**
- Matthew 6:3-4. *“But when you give to the needy do not announce it with trumpets, as the hypocrites do in the Synagogue and on the streets to be honored by men. I tell you the truth; they have received their reward in full. But when you give to the needy, do not let your left hand know what your right hand is doing, so that your giving may be in secret. Then your Father who sees what is done in secret will reward you.”*

6th- Work hard at giving love to your family daily.

Colossians 3:14- *“And over all these virtues put on love, which binds them all together in perfect unity.”*

7th- Read the Word daily.

II Timothy 3:16- *“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.”*